

Name: _____

6th Grade Practice Journal

Directions:

1. Record the amount of time that you practiced each day in the calendar below. Remember, the practice expectation is **100 minutes per week** (spread across at least 5 days).
2. During the next two weeks, you will reflect on three of your practice sessions by answering the questions provided. You should pick one session that is within the first two days of your lesson, one session about a week after your lesson, and one a day or two before your next lesson.
3. You should answer the questions **in complete sentences**. The answers should reflect genuine thought, be specific, and use appropriate music terminology.

ASSIGNMENT: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

***PARENT SIGNATURE:** _____ **Date:** _____

REFLECTION #1 **Date:** _____

Which exercises did you practice today?

What specifically did you work on in each exercise (i.e. – a specific rhythm, keeping a steady beat, pitch accuracy, dynamics, articulations, etc.)

What did you improve upon during your practice session?

What do you still need to work on?

(Continued on the back)

REFLECTION #2

Date: _____

Which exercises did you practice today?

What specifically did you work on in each exercise (i.e. – a specific rhythm, keeping a steady beat, pitch accuracy, dynamics, articulations, etc.)

What did you improve upon during your practice session?

What do you still need to work on?

REFLECTION #3

Date: _____

Which exercises did you practice today?

What specifically did you work on in each exercise (i.e. – a specific rhythm, keeping a steady beat, pitch accuracy, dynamics, articulations, etc.)

What did you improve upon during your practice session?

What do you still need to work on?